ngva100

Nova 100 Ben, Liam & Belle breakfast show

Nova 100's *Ben, Liam & Belle* Breakfast show can be heard weekdays in Melbourne from 6am to 9am.



Having built a loyal national following during their three years as hosts of Triple J's breakfast show, *Ben & Liam* joined Nova 919's in January 2020. During their three years on air, the team were consistently the most listened to breakfast show in Adelaide.

In December 2022 Ben Harvey and Liam Stapleton were joined by their long-term Senior Producer Belle Jackson, as Nova 100's new Melbourne breakfast show. Proud Melbournian Belle's warm and funny banter complements Ben & Liam's natural chemistry, compelling stories and quick humour.

Ben, Liam & Belle can be heard from 6am to 9am on Nova 100 in Melbourne. Listeners can stream the show live or catch up with the daily podcast by downloading the Nova Player.



